



Community Matters

Washington County
Community Foundation

FOR GOOD. FOR EVER. FOR WASHINGTON COUNTY.

812-883-7334 www.wccf.biz

Volume 18, Issue 2

May 2020

People that you are helping

Local residents affected by the COVID-19 Pandemic are benefiting from your generosity.

Our lives have changed dramatically in the last four months. No one in our community is untouched by this Pandemic. We have all experienced changes in our lifestyles and many Washington County residents have lost their livelihoods. Social isolation has taken on a whole new meaning.

Thank goodness for donors like you. You are helping many people in Washington County. Here is a short list of what you are doing:

- Providing nutritious meals & snacks to elderly shut-ins
- Giving our youngest residents what they need most- diapers and formula
- Creating a safe environment for our Food Bank to operate
- Providing a mechanism for people in our county to receive mental health services to help them survive this ordeal



You are helping local residents endure the COVID-19 Pandemic. You are making a difference.

You might not have known it, but you have been very busy helping others since the Pandemic started. Thank you for your generosity.

There is still much that needs to be done. Please consider a gift to the Foundation to help those most impacted by the Pandemic. With your help, we will get through this together. Thank you for your support and reaching out to others in these unprecedented times.

Free Mental Health Counseling Now Available to Washington County Residents

As our community starts to open back up after weeks of closures, cancellations, and stay-at-home directives, household stressors can really pile up. Not only are health concerns causing anxiety, but lost income, lack of childcare, isolation, and uncertainty are pushing many to the breaking point. For Washington County residents there is now help available from Serenity Now Psychiatric & Counseling, made possible by our wonderful donors.

Sessions are conducted with a professional family or individual therapist over the internet via an easy to use telehealth

portal using the browser on your computer, tablet, or phone. The sessions will initially be open to first responders, health-care providers and retail workers, and those who have been working at essential businesses throughout this crisis. Depending on utilization, we may be able to open up to other individuals in the community.

Anyone interested in scheduling a session or just getting more information can call Serenity Now directly at 812.275.4053.

Thanks to our generous donors for making this opportunity possible. These services will be available for the duration of the grant. The Foundation will review the impact before extending the grant.

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Facemask Do's & Don'ts

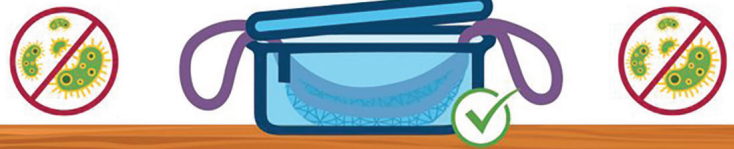
Most of us are not used to wearing a facemask, so here are some helpful hints to keep in mind:

- Wearing a mask alone will not prevent you from getting a COVID-19 infection. Careful handwashing and social (physical) distancing must also be followed.
- Cloth masks aren't as effective as other types of masks, such as N95 Respirator Masks. However, these other masks should be reserved for healthcare workers.
- Wash your hands before you put on your mask.
- If you are wearing a cloth mask, wash your mask after each use.
- You can transfer the virus from your hands to the mask. If you're wearing a mask, avoid touching the front of it.
- You can also transfer the virus from the mask to your hands. Wash your hands if you touch the front of the mask.
- A mask shouldn't be worn by a child under 2 years old, a person who has trouble breathing, or a person who can't remove the mask on their own.

Source: Healthline

Stage 2 Fast Fact

To reduce bacterial growth, face masks should be stored in breathable containers, like a paper bag or an unsealed Tupperware.



Published on May 6, 2020. If you see different information published at a more recent date, use the most current recommendations.

Meet Some Amazing People.

Together, they are giving back to Washington County in a big way.

All these people have funds in the Washington County Community Foundation that give back to their favorite charity.

This year they will have a combined impact of **Over \$80,000.00** in grants to Washington County.

Create Your Legacy Today!



Not pictured: Lelah Payne, Barbara Collins, Goldie Nally, Barbara Custer, Warda Stevens Stout, Evelyn Gray, Tom and Libby Krueer, and Wes and Lynn Jones



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For more information about creating YOUR legacy for our community, contact the Washington County Community Foundation.

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To be inspired is great, but to be an inspiration is an honor.

Honorariums for the first quarter of 2020

In honor of Larry Purlee
Jean Ann Duncan

In honor of Wron and Nona Wade
Jim and Judy Johnson

In honor of Harry and Hope Hattabaugh
Sue Sullender

In honor of Hugh and Kay Hattabaugh
Sue Sullender

In honor of Greg McCurdy
James and Patricia Ritz



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Helping your Children Cope with the Stress of COVID-19

Children and teens react, in part, on what they see from the adults around them. When parents and caregivers deal with the COVID-19 calmly and confidently, they can provide the best support for their children. Parents can be more reassuring to their children if they are aware of the signs of stress and how to deal with them.

Watch for behavior changes in your child. Not all children and teens respond to stress in the same way.

Some common behavior changes to watch for include:

- Excessive crying or irritation in younger children
- Unhealthy eating or sleeping habits
- Poor school performance or avoidance of assignments
- Unexplained headaches or body pain
- Returning to behaviors they have outgrown (for example, toileting accidents or bed wetting)
- Excessive worry or sadness
- Irritability and “acting out” behaviors in teens
- Difficulty with attention and concentration
- Use of alcohol, tobacco, or other drugs

How to support your child:

- Talk to your child or teen about the COVID-19 outbreak.
- Answer questions and share facts about COVID-19 in a way your child or teen can understand. Reassure your child or teen that they are safe. Let them know it is okay if they feel upset. Share with them how you cope with your own stress so that they can learn to cope from you.
- Limit your family’s exposure to news coverage of the event, including social media.
- Children may misinterpret what they hear and can be frightened about something they do not understand. Try to keep up with regular routines. Since schools are closed, create a schedule for learning activities and relaxing and fun activities.
- Be a role model.
- Take breaks, get plenty of sleep, exercise, and eat well. Stay connected with friends and family members.

Source: Center for Disease Control and Prevention

“There are no goodbyes for us. Wherever you are, you will always be in our hearts.” - Mahatma Gandhi



Memorials for first quarter 2020

In memory of Betty Mason

JD and Lindsey Wade-Swift
Jim and Judy Johnson
Jeff and Karen Morgan

In memory of Emogene Hein

Burl and Carmelita Jean

In memory of Bobby Max Sullivan

Jeff and Karen Morgan

In memory of Mary Margaret Arnold

Jeff and Karen Morgan

Bob and Betty Bennett

Dan and Karen Davis

John and Joan Stingel

Judy Zink

Carol Udell

Julia Dyer

Burl and Carmelita Jean

Gene and Judy Hedrick

David and Anita Arney

Richard and Marcia Grassmyer

In memory of Van Smith

Gene and Judy Hedrick

David and Donna Boling

Larry and Bonita Purlee

In memory of Eddie Nichols

Jeff and Teresa Smith

In memory of Wilma Gibson

David and Donna Boling

In memory of Beverly Pooler

Perry and Dorothy Fleenor

In memory of Josh Starrett

Perry and Dorothy Fleenor

In memory of Phillip Stutsman

Perry and Dorothy Fleenor

In memory of Margaret Schroedle

Gene and Judy Hedrick

In memory of Paul Allison

Jeff and Karen Morgan

In memory of Charles Coomer

Jeff and Karen Morgan

In memory of Maxine Costin

Judy Zink

David and Phyllis Gray

Jeff and Tracy Day

First Baptist Church of Litho-

nia, GA Young at Heart Club

Wayne and Rebecca Hensley

Georgia Custom Knifemakers

Guild

Flint River Knife Club

Marsha Brewer

Alan and Patricia Woodward

Jody and Karen Smedley

Mark and Pam Barry

Richard and Marcia Grassmyer

In memory of George and Jan Richardson

Richard and Marcia Grassmyer

In memory of Penny Hard

Richard and Marcia Grassmyer

In memory of Jeff Smith

Donnie and Reta Haub

In memory of Michelle Satterwhite

Michael and Sally Satterwhite

In memory of Phillip Bowsman

John and Betty Stanley

In memory of Randy Johnson

Maurice and Judy Johnson

In memory of Saralee Shields

Gene and Judy Hedrick

In memory of Bonnie Stockdale

East Washington School Board

In memory of Danny Ledford

Drew and Connie Wright

William Batt

William and Linda Hepler

In memory of Marjorie Ann Martin Souder

Dale Denny

In memory of James I. Denny, Jr.

Dale Denny

In memory of David Medlock

Vence and Karen Gay

In memory of Dennis Butler

Nicholas McQuiddy

Gene and Judy Hedrick

Larry and Bonita Purlee

In memory of Donna LaFollette

Bill LaFallotte

In memory of Dora Mae Myers

Jean Ann Duncan

Jeff and Karen Morgan

In memory of Greg Dixon

Jeff and Karen Morgan

In memory of Janie Demmy

Jeff and Karen Morgan

Fox and Kristy Purlee

In memory of Lucas Andrew Mull

Perry and Dorothy Fleenor

In memory of Dr. Casturreras

Jeff and Karen Morgan

In memory of Missy Albertson

Jeff and Karen Morgan

In memory of Katie Morris

Jeff and Karen Morgan

Burl and Carmelita Jean

In memory of Jerry McPike

Sue Bennett

In memory of Jimmie Roberts

Judy Zink

In memory of John Bennett

Sue Bennett

In memory of Dana Nicholson

Sue Bennett

In memory of Tommy Denton

Sue Bennett

In memory of Larry Stephenson

Terri Stephenson

In memory of Linda Stamper

Jeff and Karen Morgan

JD and Lindsey Wade-Swift

Steven and Paula Johnson

In memory of Vivian Arbuckle

Jeff and Karen Morgan

In memory of Sharon Boaz

Stu Boaz

In memory of Todd Crockett

Nancy Bowles

John and Karen Walton

William and Linda Hepler

In memory of Lynn Murray

William and Linda Hepler

In memory of Jarvis Hudson

William and Linda Hepler

In memory of Tom Green

Cavetown Cemetery

Association

Loy and Fordyce Agency

In memory of Alvin Hackman

Jeff and Karen Morgan

In memory of Marcia Senn

Jeff and Karen Morgan

Gene and Judy Hedrick

Butch and Anne Terrell

Dan and Karen Davis

John and Mary Mead

Greg and Cindy McCurdy

Andrew Naugle and Corley

Hughes

Bud and Cathy Huey

Judy Zink

David and Donna Boling

Doug and Susan Katt

Morris and Marty Rosenbaum

Rick and Marcella Russell

Burl and Carmelita Jean

Thomas and Janie Hoppes

Steve and Garilou Crane

Bill and Alice Nevels

Jody and Karen Smedley

Bruce and Jane Stephenson

Tim and Lisa Nice

Daleanne Cantrell

Vivian McKnight

Richard and Carolyn Hoyt

Fox and Kristy Purlee

Wron and Nona Wade

Mark and Barbara Elliott

Perry and Dorothy Fleenor

Steven and Paula Johnson

JD and Lindsey Wade-Swift

David and Vivian Morris

Tracy Purkhiser

Lynn Jones

In memory of Donnie Hollen

Mark and Barbara Elliott

In memory of Linda McKnight

Mark and Barbara Elliott

In memory of Marietta Maudlin

Mary Kay Fultz

Bob and Bryan Winslow

David and Vivian Morris

FOR WASHINGTON COUNTY.



Washington County Community Foundation
P.O. Box 50
Salem, Indiana 47167

"Leaving a legacy is like planting a tree that will provide shade for future generations."

*The word philanthropy has its roots in the Greek language meaning "love for mankind."
It was never meant to apply only to donors of thousands or millions of dollars. - Arthur C. Frantzerb*



Membership Dues for the first quarter, 2020

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Frank and Pat Sullivan	Marcella Mahuron	John Roberts	Mark and Heather Jordan
Helen Spaulding	Eddie and Shelley Deaton	Bill and Tanya Dustin	Sean Mead
Rick and Marcella Russell	Donald and Susan Wetzell	Bob and Betty Bennett	Tim and Lisa Nice

Dues are only \$35.00. If you would like to be a member, just let us know!